



*Trust
in the
LORD*

*A STUDY OF
TRUST
THROUGH THE PSALMS*



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with a cast on her foot for six weeks and special shoes for the first few years of her life she was able to take her first step at fourteen months old. Today she has effects from scoliosis, but with exercise she is able to keep that under control. She can walk, run, and jump even though some of her nerves in her left leg and foot are not all fully functional. The Lord is so good and He is indeed trust worthy!

Maybe you have never had a personal relationship with the Lord, your Creator and this is all new to you. The only thing that keeps us from having a personal relationship with God is our sin. Would you admit that you are a sinner “*For all have sinned and come short of the glory of God*” Romans 3:23. Believe with all your heart that Jesus died for you to take the punishment for your sin and that He alone can save you from eternal punishment. “*Much more then, being now justified by His blood, we shall be saved from wrath through Him*” Romans 5:9. “*But to Him that worketh not, but believeth on Him that justifieth the ungodly, his faith is counted for righteousness*” Romans 4:5. “*He that believeth on the Son hath everlasting life: and He that believeth not the Son shall not see life; but the wrath of God abideth on Him*” John 3:36. Would you trust the Lord Jesus to take away your sins and give Him your life so that you can have a sweet personal relationship with God and eternal life with Him in heaven? “*Blessed are they whose iniquities [sins] are forgiven, and whose sins are covered*” Romans 4:7 “*Thou wilt show me the path of life: in Thy presence is fullness of joy; at thy right hand there are pleasures for evermore*” Psalm 16:11.

May this study on
Trust in the Lord
encourage you to trust Him more!

Dear Reader,

It is my prayer that this study of Trust in the Lord through the Psalms would only bring praise and honor and glory to our ***trustworthy Lord!*** This study was prompted by a physical problem noted in my unborn child, Christina, through an ultrasound, and sustained me through the diagnosis of that problem after her birth, and the eight hour surgery when she was not quite three months old.

I have first listed my “*Special Trust Verses In Psalms*” which I carried with me through Christina’s surgery and through many other trials. Then the study follows and at the end of this booklet “my story.” May these precious truths from the Scripture give you comfort and reassurance that we can indeed trust our Lord in every area of our lives.

In our ***trustworthy Lord,***

Rebekah Ekberg

P.S. If you know of someone who would benefit from this study, you are welcome to make a copy and share it with them.

Special Trust Verses In Psalms

9:9-10 *The Lord also will be a refuge for the oppressed, a refuge in times of trouble. And they that know Thy name will put their trust in Thee: for Thou Lord hast not forsaken them that seek Thee.*

18:30 *As for God, His way is perfect: the Word of the Lord is tried: He is a buckler to all those that trust in Him.*

33:20-21 *Our soul waiteth for the Lord: He is our help and our shield. For our heart shall rejoice in Him, because we have trusted in His holy name.*

36:7 *How excellent is Thy lovingkindness, O God! Therefore the children of men put their trust under the shadow of Thy wings.*

37:5 *Commit thy way unto the Lord; trust also in Him; and He shall bring it to pass.*

55:22-23 *Cast thy burden upon the Lord, and He shall sustain thee: He shall never suffer the righteous to be moved. For Thou, O God, shalt bring them down into the pit of destruction: bloody and deceitful men shall not live out half their days; but I will trust in Thee.*

56:3,4,11 *What time I am afraid, I will trust in Thee. In God I will praise His Word, in God I have put my trust; I will not fear what flesh can do unto me. In God have I put my trust: I will not be afraid what man can do unto me.*

57:1 *Be merciful unto me, O God, be merciful unto me: for my soul trusteth in Thee: yea, in the shadow of Thy wings will I make my refuge, until these calamities be overpast.*

61:1-4 *Hear my cry, O God; attend unto my prayer. From the end of the earth will I cry unto Thee, when my heart is overwhelmed. Lead me to the rock that is higher than I. For Thou hast been a shelter for me, and a strong tower from the*

scheduled at least in the next few months as the fatty tumor was intertwined with her spinal cord, and with her growth there could be a tethering effect and further damage could be done. Mom was scheduled to have gall bladder surgery so we scheduled surgery for 6 weeks later so she would be recovered enough to be able to help at home while I was away with Christina at the hospital. I continued to pour my soul into organizing the trust verses which really kept me calm and indeed trusting in the Lord.

Surgery day came and the Lord gave me such calmness in my soul that I cannot explain. I had with me my trust verses which I kept ever before me while I crocheted through her surgery. A friend in the opposite room had a son in surgery as well and she seemed astonished that I was so calm. I really did not want to talk to anyone but she talked with me and got my mind off my trust in the Lord and on to the scariness of the situation and I excused myself as that was not what I needed. I needed the Lord, not a friend who was not trusting the Lord or encouraging me in the Lord. I went into the bathroom and started to cry. The Lord ministered to my soul and I again was able to sit calmly and crochet while dwelling on my trust verses.

The Lord gave my husband a verse that also meant much to us during her surgery and recovery. *“Help me, O LORD my God: O save me according to Thy mercy: that they may know that this is Thy hand: that Thou, LORD, hast done it”* Psalm 109:26-27. The eight hour laser surgery was successful and after having to lay on her stomach for eight days straight we were able to pick Christina up and hold her for short periods of time still keeping her on her stomach.

After taking her home from the hospital there was one day that I panicked when a hematoma began bleeding. I was home alone on a Sunday morning. The others had gone to church. I called the doctor’s office and he felt like she could wait until Monday morning to be seen but I could bring her to the emergency room if that would make me feel better. I knew what I needed to do. I was not trusting! I ran to my trust study and poured my heart into it again and continued forming my outline. It was then that the Lord flooded my soul with His marvelous peace.

The Lord was so gracious to us to spare our little girl from extensive damage due to the fatty tumor. Her left foot was a little deformed but

with me and read them over and over again while I crocheted and waited for hard labor to begin. It is only of the Lord and His word that I never once was worried or concerned about my baby soon to be born.

As soon as the baby was born at 11:19 pm we all gasped. Oh, it was true she did have a tumor on her back! The doctor was called but since the tumor was not an open wound he waited until morning to do an examination. He encouraged us to go immediately to the hospital where tests and surgery would be scheduled for the baby. The nurse mid-wife and another nurse knew that the baby was healthy otherwise and persuaded the doctor to let us take the baby to a neurosurgeon who was just next door and get another opinion. He agreed. The neurosurgeon agreed to let me take the baby home while they scheduled further tests in the weeks to come.

This was the first baby that my parents were present with me to see right after birth. Yet only Dad was able to come be with me along with our first child, since Mom came down with the flu. I was quite disappointed. When we arrived home, Mom was there and was able to hold the baby with clean hands and a mask over her nose and mouth. Then Dad took her home to recover from the flu. I didn't expect the doctor to call so soon to say that this and that test had been scheduled. I really went into the "baby blues" after his call. Mom couldn't be there to cry on her shoulder. There just wasn't anyone like Mom. Yes, I wept, but I flung myself onto the Lord and read over and over again my special trust verses which calmed my troubled soul.

When all tests were done and the results brought in the neurosurgeon reviewed them with us and really painted a very gloomy picture. Our child could become paralyzed from the waist down or even die through the surgery. He suggested we get a second opinion from a pediatric neurosurgeon. I had to drive myself home from that doctor visit and almost couldn't see the road through the tears, especially after passing a cemetery and wondering if I would have to bury my second child. Mom was well by then and came to our home after being with us at the doctor's office. She was a great encouragement to me.

After visiting the pediatric neurosurgeon for a second opinion our minds were much at ease. How good was the Lord to lead us to this doctor who had performed 12 such surgeries and all were successful. He indicated that surgery was not a great rush but that it should be

enemy. I will abide in Thy tabernacle forever: I will trust in the covert (shelter) of Thy wings.

62:8 *Trust in Him at all times; ye people, pour out your heart before Him: God is a refuge for us.*

71:1,5,6 *In Thee, O Lord, do I put my trust; let me never be put to confusion. For Thou art my hope, O Lord God: Thou art my youth. By Thee have I been holden up from the womb: Thou art He that took me out of my mother's bowels: my praise shall be continually of Thee.*

73:28 *But it is good for me to draw near to God: I have put my trust in the Lord God, that I may declare all Thy works.*

91:2-4 *I will say of the Lord, He is my refuge and my fortress: my God; in Him will I trust. Surely He shall deliver thee from the snare of the fowler, and from the noisome pestilence. He shall cover thee with His feathers, and under His wings shalt thou trust: His truth shall be thy shield and buckler.*

118:8 *It is better to trust in the Lord than to put confidence in man.*

143:8 *Cause me to hear Thy lovingkindness in the morning; for in Thee do I trust: cause me to know the way wherein I shall walk; for I lift up my soul unto Thee.*

“My Story”

“Rebekah, you are measuring small with this pregnancy. We would like to do an ultrasound to see what is going on.” I felt fine, and I am small in stature so I was not too concerned. Besides, an ultrasound cost money and we really didn’t have the money to pay for one. Then again, if they did do an ultrasound and did find a problem what could they do about it while the baby was in the womb? Other tests could be done but the only purpose of those tests would be to see if I wanted to abort the baby and I wasn’t about to do that. I would carry this little one to its birth because it was the Lord who had given us this child, our second one. I was only about three months pregnant, yet at every monthly checkup thereafter I continued to measure small.

When I was seven months pregnant the nurse mid-wife again expressed her concern and we consented to having an ultrasound since I desired to give birth in a birthing center rather than the hospital. Just as they thought, a problem was noted on the baby’s spine. To confirm their findings they asked if I would come in again in two weeks for another ultrasound at the doctor’s office expense. Yes, there was a problem with the baby, but they had never seen such a thing in an ultrasound so they sent me to the hospital where another ultrasound was done on more powerful equipment. What they saw was a fatty tumor on her lower back but it was “closed” over with skin so permission was granted for me to give birth at the childbirth center.

I was stunned. Could this be happening to me? It was then that I determined to do a study on *trust*. When I looked in the concordance of the Bible and saw the hundreds and hundreds of verses just on the word *trust*, I became discouraged. Then the Lord seem to say, “Just study the word *trust* in the Psalms.” I did just that. Little did I realize how much I needed that study to sustain me through one of the most difficult trials of my life. I skimmed the Psalms and wrote down every verse that had the word *trust* in it. Then I wrote the special verses that meant a lot to me on cards so I could carry them where ever I went. Every day I would spend time organizing the verses into categories and then later in an outline.

The top ultrasound technician in the hospital did several other ultrasounds at his expense to document his findings. Just a few days after he finished his exams I went into labor. I carried my trust verses on cards

IX. WHAT IS THE RESULT OF NOT TRUSTING THE LORD?

A. The Lord Is Wrath

Ps. 78:21-22 *"Therefore the LORD heard this [murmur of the children of Israel], and was wrath: so a fire was kindled against Jacob, and anger also came up against Israel; because they believed not in God, and trusted not in His salvation."*

X. WHAT TESTIMONY IS LEFT WHEN WE TRUST IN THE LORD?

A. Past Testimony

Ps. 22:4-5 *"Our fathers trusted in Thee: they trusted, and Thou didst deliver them. They cried unto Thee, and were not confounded."*

B. Personal Testimony

Ps. 40:2-4 *"He brought me up also out of a horrible pit, out on the miry clay, and set my feet upon a rock, and established my goings. And He hath put a new song in my mouth, even praise unto our God: many shall see it, and fear, and shall trust in the LORD. Blessed is that man that maketh the Lord his trust, and respecteth not the proud, nor such as turn aside to lies."*

XI. CONCLUSION

A. Proverbs 3:5-6 *"Trust in the Lord with all thine heart and lean not unto thy own understanding in all thy ways acknowledge Him and He shall direct thy paths."*

B. Isaiah 26:3-4 *"Thou wilt keep him in perfect peace whose mind is stayed on Thee: because he trusteth in Thee. Trust ye in the LORD forever; for in the LORD JEHOVAH is everlasting strength."*

C. Job 13:15a *"Though He slay me; yet will I trust in Him."*

TRUST IN THE LORD

Through the Psalms

I. WHAT ARE WE COMMANDED TO DO?

A. "Put your trust in the Lord" Ps. 4:5

B. A Command With Promise

Ps. 37:3,5 *"Trust in the Lord, and do good; so shalt thou dwell in the land, and verily thou shalt be fed. Commit thy way unto the Lord, trust also in Him and He shall bring it to pass."*

II. WHO ARE WE TO TRUST IN?

A. The Lord - His Person

1. Ps. 141:8 *"But mine eyes are unto Thee, O God the Lord: in Thee is my trust."*

2. Ps. 7:1; 11:1; 16:1; 25:2; 31:1,2,14; 55:23; 56:4; 64:10; 71:1,5; 91:2; 115:9-11; 143:8; 144:2

B. The Lord - His Name

1. Ps. 33:21 *"...because we have trusted in His holy name."*

2. Ps. 20:7

C. The Lord - His Mercy

1. Ps. 13:5 *"But I have trusted in Thy mercy"*

2. Ps. 52:8

D. The Lord - His Wings

1. Ps. 36:7 *"How excellent is Thy loving-kindness, O God! Therefore the children of men put their trust under the shadow of Thy wings."*

2. Ps. 57:1; 61:4; 91:4

E. The Lord - His Word

Ps. 119:42 *"So shall I have wherewith to answer him that reproacheth me: for I trust in Thy Word."*

III. WHO CAN TRUST IN THE LORD?

A. Ps. 9:10 *"And they that know Thy name will put their trust in Thee."*

B. Ps. 115:9-11 *"O Israel, trust thou in the LORD..."*

O house of Aaron, trust in the LORD: ... Ye that fear the LORD, trust in the LORD."

- C. Ps. 21:7 *"For the King trusteth in the LORD, and through the mercy of the Most High he shall not be moved."*

IV. WHAT IS THE OPPOSITE OF TRUST?

A. Lying Vanities

Ps. 31:6 *"I have hated them that regard lying vanities: but I trust in the LORD."*

B. Fear

Ps. 56:3 *"What time I am afraid, I will trust in Thee."*

C. Confidence In Man

1. Ps. 118:8 *"It is better to trust in the LORD than to put confidence in man."*
2. Ps. 146:3

V. WHAT DO WE NOT TRUST IN?

A. Material Possessions

Ps. 20:7 *"Some trust in chariots, and some in horses: but we will remember the name of the Lord our God."*

B. Myself

Ps. 44:6 *"For I will not trust in my bow, neither shall my sword save me."*

C. Riches

1. Ps. 52:7 *"Lo, this is the man (prideful wicked) that made not God his strength; but trusted in the abundance of his riches, and strengthened himself in his wickedness."*
2. Ps. 49:6-7

D. Oppression

Ps. 62:10-11 *"Trust not in oppression, and become not vain in robbery: if riches increase set not your heart upon them. God hath spoken once; twice have I heard this, that power belongeth unto God."*

E. Idols

1. Ps. 115:4, 8 *"Their idols are silver and gold, the work of man's hands. ... They that made them are*

1. Ps. 37:5 *"Commit thy way unto the Lord; trust also in Him and He shall bring it to pass."*

2. Ps. 143:8

P. One Shall Not Be Afraid

Ps. 56:3, 4, 11 *"What time I am afraid, I will trust in thee. In God I will praise His word, in God I have put my trust; I will not fear what flesh can do unto me. In God have I put trust: I will not be afraid what man can do unto me."*

Q. One Shall Glory

Ps. 64:10 *"The righteous shall be glad in the LORD, and shall trust in Him; and all the upright in heart shall glory."*

R. One Shall Never Be Put to Confusion

Ps. 71:1, 5 *"In Thee, O LORD, do I put my trust: let me never be put to confusion. For Thou art my hope, O Lord God: Thou art my trust from my youth."*

S. One Shall Draw Near to God

Ps. 73:28 *"But it is good for me to draw near to God: I have put my trust in the Lord God; that I may declare all Thy works."*

T. One Shall Declare the Works of the Lord

Ps. 73:28 *"But it is good for me to draw near to God: I have put my trust in the Lord God; that I may declare all Thy works."*

U. One Shall Have Wherewith to Answer Him That Reproacheth Him

Ps. 119:41-42 *"Let Thy mercies come also unto me, O LORD, even Thy salvation according to Thy word. So shall I have wherewith to answer him that reproacheth me: for I trust in Thy word."*

V. One Shall Not Be Left Destitute

Ps. 141:8 *"But mine eyes are unto Thee, O God the Lord: in Thee is my trust; leave not my soul destitute."*

W. One Shall Hear the Lovingkindness of the Lord

Ps. 143:8 *"Cause me to hear Thy lovingkindness in the morning; for in Thee do I trust: cause me to know the way wherein I should walk; for I lift up my soul unto Thee."*

against them."

2. Ps. 37:39-40

F. One Is Not Moved

1. Ps. 125:1 *"They that trust in the LORD shall be as mount Zion, which cannot be removed, but abideth forever."*

2. Ps. 21:7; 55:22-23

G. One Is Not Confounded

Ps. 22:4-5 *"Our fathers trusteth in Thee: they trusted, and Thou didst deliver them. They cried unto Thee, and were not confounded."*

H. One Is Not Ashamed

1. Ps. 25:2 *"O my God, I trust in Thee: let me not be ashamed, let not mine enemies triumph over me."*

2. Ps. 25:20; 31:1

I. One's Soul Is Kept

Ps. 25:20 *"O keep my soul, and deliver me: let me not be ashamed; for I put my trust in Thee."*

J. One Is Delivered

1. Ps. 31:1 *"In Thee, O LORD, do I put my trust; let me never be ashamed: deliver me in Thy righteousness."*

2. Ps. 25:20

K. One Shall Not Slide

Ps. 26:1 *"Judge me, O LORD; for I have walked in mine integrity: I have trusted also in the LORD; therefore I shall not slide."*

L. One Shall Praise the LORD in Song

Ps. 28:7 *"The Lord is my strength and my shield; my heart trusteth in Him and I am helped; therefore my heart greatly rejoiceth and with my song will I praise Him."*

M. One Shall Never Be Desolate

Ps. 34:22 *"The Lord redeemeth the soul of His servants: and none of them that trusteth in Him shall be desolate."*

N. One Shall Be Fed

Ps. 37:3 *"Trust in the LORD, and do good; so shalt thou dwell in the land and verily thou shalt be fed."*

O. One Shall Be in the Will of the Lord

like unto them, so is every one that trusteth in them."

2. Ps. 135:15, 18

F. Others

Ps. 146:3 *"Put not your trust in princes, nor in the son of man, in whom there is no help."*

VI. WHEN DO WE TRUST IN THE LORD?

A. When Persecuted

1. Ps. 7:1 *"In Thee, do I put my trust; save me from all them that persecute me, and deliver me."*

2. Ps. 17:7; 37:40; 44:5-6; 61:2-4

B. When Oppressed

Ps. 9:9a *"The Lord also will be a refuge for the oppressed."*

C. When Troubled

1. Ps. 9:9-10 *"...a refuge in times of trouble. And they that know Thy name will put their trust in Thee: for Thou, LORD, hast not forsaken them that seek Thee."*

2. Ps. 37:39-40; 56:1

D. When Slandered

1. Ps. 31:13-14 *"For I have heard the slander of many: fear was on every side: while they took counsel together against me, they devised to take away my life. But I trust in Thee, O LORD: I said, Thou art my God."*

2. Ps. 22:7-8

E. When Burdened

Ps. 55:22-23 *"Cast thy burden upon the LORD, and He shall sustain thee: He shall never suffer the righteous to be moved. But Thou O God, shalt bring them down into the pit of destruction: bloody and deceitful men shall not live out half their days; but I will trust in Thee."*

F. When Afraid

1. Ps. 56:3, 4, 11 *"What time I am afraid, I will trust in Thee. In God I will praise His word, in God I have put my trust; I will not fear what flesh can do unto me. In God have I put my trust. I will*

not be afraid what man can do unto me."

2. Ps. 31:13-14

G. When Overwhelmed

Ps. 61:2-4 *"From the end of the earth will I cry unto Thee, when my heart is overwhelmed. Lead me to the rock that is higher than I; for Thou hast been a shelter for me, and a strong tower from the enemy. I will abide in Thy tabernacle forever: I will trust in the covert of Thy wings."*

H. When? At All Times!

Ps. 62:8 *"Trust in Him at all times; ye people, pour out your heart before Him: God is a refuge for us."*

VII. WHY DO WE TRUST THE LORD?

A. *"His way is perfect"*

[Excepts from Treasury-of David (TD), by Charles Spurgeon]

1. Ps. 18:30a (TD)

* "Far past fault and error are God's dealings with his people; all his actions are resplendent with justice, truth, tenderness, mercy, and holiness. Every way of God is complete in itself, and all his ways put together are matchless in harmony and goodness."

B. *"The word of the Lord is tried"*

1. Ps. 18:30b (TD)

* "Tried like silver refined in a furnace. The doctrines are glorious, the precepts are pure, the promises are faithful, and the whole revelation is superlatively full of grace and truth. David had tried it, thousands have tried it, we have tried it, and it has never failed."

C. He Is My Rock

1. Ps. 18:2 (TD)

* "place of concealment and security"
* "cleft in a rock"

2. Ps. 61:2 (TD)

* "refuge sure and strong"
* "I am weak and cannot climb thee. Thou art so steadfast, guide me; thou art so high, uplift me."

S. He Is Good

Ps. 34:8 (TD)

* "The sweetness of this banquet will be all unknown to you except you make the blessings of grace your own, by a living, inward, vital participation in them."

T. He Is My Hope

Ps. 71:5a (TD)

* "He cannot be a false or failing hope, we may expect to see our confidence justified."

U. He Is My Trust from My Youth

Ps. 71:5b (TD)

* "proven faith...cheering recollection"
* "David was persuaded that the God of his youth would not forsake him in his age."

VIII. WHAT ARE THE RESULTS OF TRUSTING IN THE LORD?

A. One Is Blessed

1. Ps. 34:8 *"O taste and see that the Lord is good: blessed is the man that trusteth in Him."*

2. Ps. 2:12; 40:4

B. One Can Rejoice

1. Ps. 5:11 *"let all those that put their trust in Thee rejoice."*

2. Ps. 13:5; 28:7; 33:20-21; 64:10

C. One Is Not Forsaken

Ps. 9:10-11 *"The Lord also will be a refuge for the oppressed, a refuge in times of trouble. And they that know Thy name will put their trust in Thee: for Thou, Lord, hast not forsaken them that seek Thee."*

D. One Is Preserved

1. Ps. 16:1 *"Preserve me, O God: for in Thee do I put my trust."*

2. Ps. 86:2

E. One Is Saved

1. Ps. 17:7 *"Show Thy marvelous lovingkindness, O Thou that savest by Thy right hand them which put Their trust in Thee from those that rise up*

Lord be unmerciful to a trustful soul?"

4. Ps. 62:8 (TD)

* "resorting to him whenever sorrows weigh upon our bosoms"

O. He Is My Shelter

Ps. 61:3-4 (TD)

* "hiding place" (eg. as David hid from Saul and was protected from Saul in the shelter of a rock, etc.)

P. He Is My Strong Tower

Ps. 61:3-4 (TD)

* "fort impregnable, surrounded by omnipotence"

* "guard from all evil"

Q. He Is My Keeper

Ps. 25:20 (TD)

* "out of evil"

R. He Is Full of Loving-kindness

1. Ps. 36:7 (TD)

* "excellent loving-kindness -- precious tender mercies of the Lord"

* "no gem or pearl can ever equal in value a sense of the Lord's love"

* "King's regalia are a beggarly collection of worthless pebbles when compared with the tender mercies of Jehovah."

2. Ps. 17:7 (TD)

* "Marvelous loving-kindness -Marvelous in its antiquity, its distinguishing character, its faithfulness, its immutability, and above all marvelous in the wonders which it works."

* "That marvelous grace which has redeemed us with the precious blood of God's only begotten is here invoked to come to the rescue."

* "Shew it O Lord, shew thy marvelous loving kindness; shew it to my intellect, and remove my ignorance; shew it to my heart, and revive my gratitude; shew it to my faith, and renew my confidence; shew it to my experience, and deliver me from all my fears."

* a place to climb to when shipwrecked to keep from perishing

* "chambers in the rock"

D. He Is My Fortress

1. Ps. 18:2 (TD)

* "safe abode"

2. Ps. 91:2 (TD)

* "a tower of defense, ready and able to resist all attacks of the enemy"

* "where no harm can reach us"

* "no attack can injure us"

3. Ps. 144:2 (TD)

* "cannot be driven out"

* "prepared for a siege, stored with abundance of food and well of living water"

E. He Is My Deliverer

1. Ps. 18:2 (TD)

* "interposing in my hour of peril"

2. Ps. 25:20 (TD)

* "delivers me from evil," (when I fall into it)

3. Ps. 22:4-5 (TD)

* "delivers me from all my straits, difficulties and miseries"

4. Ps. 144:2 (TD)

* "comes to our rescue, raises the siege, routs the foe and sets us in joyous liberty"

F. He Is My God

1. Ps. 18:2 (TD)

* "my perpetual, unchanging, infinite, eternal good, my heaven, my all. ..all things in one"

2. Ps. 91:2 (TD)

* "my security" (*"in Him will I trust"*)

3. Ps. 31:14 (TD)

* " 'Thou art my God' has more sweetness to it than any other utterance which human speech can frame"

G. He Is My Strength

1. Ps. 18:2 (TD)

* "like rock - sense of strength and immobility, firmness"

* "my sure, unchanging, eternal confidence and

support"

2. Ps. 28:1 (TD)

* "The Lord employs His power on our behalf, infuses strength unto us in our hour of weakness."

* "dependence on God ...inspires us with confidence more than human (resources)"

3. Ps. 37:39-40 (TD)

* "While trouble overthrows the wicked, it only drives the righteous to their strong Helper, who rejoices to uphold them."

4. Ps. 144:1 (TD)

* "to resist evil, to defend truth, to conquer error"

H. He Is My Buckler

1. Ps. 18:2, 30 (TD)

* "warding off the blows of my enemy, shielding me from arrow or sword "

* "offensive and defensive armor furnished by the Lord ... none need to go to battle unarmed"

2. Ps. 91:4 (TD)

* "all surrounding coat of nail to blunt all swords"

* "together with the shield we shall be safe in the thickest of the fight"

I. He Is the Horn of My Salvation

Ps. 18:2 (TD)

* "ancient figure of victorious and defiant power"

* "that which interposes on the side of my feebleness, conquers and saves me"

* "enables me to push down my foes, and triumph over them in holy exultation"

J. He Is My High Tower

1. Ps. 18:2 (TD)

* "a citadel high planted on a rocky eminence beyond the reach of my enemies, from the heights of which I look down upon their fury without alarm, and survey a wide landscape of mercy reaching even unto the goodly land beyond Jordan."

2. Ps. 144:2 (TD)

* "lofty watch tower in which a trusting believer looks down upon his enemies"

* "out of bow shot"

* "dwells on high"

K. He Is My Goodness

Ps. 144:2 (TD)

* "signifies mercy ...we have no goodness of our own, but the Lord has become goodness to us"

L. He Is My Help

1. Ps. 33:20-21; 115:9-11 (TD)

* "help or aid in labor"

2. Ps. 37:40 (TD)

* "Our Great Ally will bring up his forces in the heat of the battle."

M. He Is My Shield

1. Ps. 28:7 (TD)

* "The Lord preserves his people from unnumbered ills, more protective than the shield of brass or triple steel."

2. Ps. 144:2 (TD)

* "thrusts death aside, secure from harm"

3. Ps. 115:9-11 (TD)

* "defense in danger, protection"

N. He Is My Refuge

1. Ps. 91:2 (TD)

* Forced to fly from a pursuing enemy or trial or temptation to a quiet retreat.

* "We are not able to resist them they are too strong for us, but we must fly to rest in the shadow of the Almighty. "

2. Ps. 9:9 (TD)

* "As the ships when vexed with tempest make for harbour, so do the oppressed hasten to the wings of a just and gracious God."

3. Ps. 57:1 (TD)

* "hide in the cleft of the Rock of Ages"

* "as the little birds find ample shelter beneath the parental wings"

* "'For my soul trusteth in thee' - How can the